

## **Sophomores**

Welcome back! You will interview as you begin to consider and explore post-secondary opportunities. Students will take the PSAT in October and continue to identify their strengths and areas of academic focus.

### **Success Tips:**

- Continue to develop good study habits. If time management was a challenge last year, it is not too late to become more organized.
- Prepare for the PSAT which will be conducted in October
- Communicate with your teachers regarding assignments and academic work.
- Don't be afraid to ask questions.
- If you have not joined an activity or club, now is the time to do it. Find out what you are passionate about. Although it seems far off, colleges will be looking for well-rounded students who earn good grades AND participate in extracurricular activities
- Continue to develop healthy self-care habits!